

Nutrition Guide

Lunch & Dinner

Big Farm Burgers		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Steakhouse Burger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, Grilled Mushrooms and Onions, Provolone, A1 Original Sauce, Brioche Bun, Pickles	870	520	57	20	1.5	125	1910	47	2	12	42	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Bacon Cheeseburger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun	720	400	44	19	2	135	1640	40	2	9	40	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Rise & Shine Burger	Includes: Over-Hard Egg, Bacon, Brioche Bun, Hash Browns, Angus Beef Patty, Pepper Maple Honey, American Cheese	1200	640	70	24	2	315	1830	94	4	31	46	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Cheeseburger	Includes: Angus Beef Patty, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun	590	270	29	13	1.5	95	950	52	2	10	32	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Rancher BBQ Beef Burger	Includes: Angus Beef Patty, Pot Roast, American Cheese, Deli Pickles, Onion Rings, BBQ Sauce, Ranch Dressing, Brioche Bun	1070	610	67	24	25.0	160	2120	70	3	13	48	
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0	
Addition		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Avocado		60	45	5	1	0	0	0	2	2	0	<1	
Farm-Fresh Salads		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Bob Evans' Wildfire Chicken Salad	Includes: Fresh Greens, Tortilla Strips, Corn, Tomatoes, Cheddar Cheese, Bob Evans Wildfire Sauce												
	Choice of Style of Chicken:	Slow Roasted Chicken	450	160	18	6	0	65	1100	49	3	5	35
		Fried Chicken Tenders (2)	870	360	40	15	0	100	1760	94	7	19	35
Dressing:	Wildfire Ranch	160	110	12	2	0	10	410	12	0	8	<1	
Chicken Cobb Salad	Includes: Slow Roasted Chicken, Cheese, Tomatoes, Bacon, Salad Base, Egg		440	230	26	11	0	215	1490	13	3	6	48
	Dressing:	Blue Cheese Dressing	370	350	39	7	0	35	570	5	0	2	2
	Optional:	Avocado	60	45	5	1	0	0	0	2	2	0	<1
Cranberry Pecan Chicken Salad	Includes: Fresh Greens, Slow Roasted Chicken, Bacon, Dried Cranberries, Blue Cheese, Pecans, Colonial Dressing		570	290	33	11	0	85	1490	40	6	26	31
	Dressing:	Colonial Dressing	310	250	27	4.5	0	0	260	15	0	15	0
Farmhouse Garden Side Salad	Without Dressing		110	40	4.5	2	0	10	180	13	5	3	6

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Salad Dressings			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Blue Cheese	Pick-Two Combo		210	190	21	4	0	20	330	2	0	2	2
	Entrée		410	380	43	8	0.5	40	660	5	0	4	3
Buttermilk Ranch	Pick-Two Combo		150	140	16	2.5	0	10	300	2	0	2	<1
	Entrée		300	280	31	5	0	25	600	5	0	3	2
Colonial	Pick-Two Combo		150	120	14	2	0	0	130	8	0	8	0
	Entrée		310	250	27	4.5	0	0	260	15	0	15	0
French	Pick-Two Combo		140	120	13	2	0	5	170	6	0	6	0
	Entrée		280	230	26	4	0	10	330	12	0	12	0
Italian	Pick-Two Combo		120	0	12	2	0	0	320	2	0	2	0
	Entrée		230	0	24	4	0	0	640	4	0	0	0
Wildfire Ranch	Pick-Two Combo		80	60	6	1	0	5	200	6	0	4	0
	Entrée		160	110	12	2	0	10	410	12	0	8	<1
Honey Mustard	Pick-Two Combo		120	100	11	1.5	0	10	150	5	0	5	0
	Entrée		240	200	22	3	0	20	300	10	0	10	0
Slow-Simmered Soups			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cheddar Baked Potato	Cup	Includes: Cup of Soup, Green Onions & 2 Saltine Crackers	210	110	12	6	0	35	900	16	<1	2	9
	Bowl	Includes: Bowl of Soup, Green Onions & 4 Saltine Crackers	390	190	21	11	0	60	1640	32	2	4	16
Chicken-N-Noodles	Cup	Includes: Cup of Soup, 2 Saltine Crackers	120	50	5	1	0	30	560	13	<1	<1	7
	Bowl	Includes: Bowl of Soup, 4 Saltine Crackers	240	100	11	2	2	35	990	26	2	2	10
Hand-Crafted Sandwiches			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Double Cheese Pot Roast Dip	Includes: Pot Roast, Onions, American Cheese, Provolone Cheese, Sourdough Bread, Beef Gravy		1090	600	68	29	0	175	2550	56	7	9	60
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Farmhouse Chicken	Includes: Bacon, Provolone Cheese, Tomatoes, Onion, Brioche Bun, Honey Mustard		530	280	32	10	0	45	1260	41	3	11	20
	Choice of Style of Chicken:	Grilled Chicken Breast (1)	140	25	2	0.5	0	75	520	1	0	1	27
		Fried Chicken (1)	290	240	120	3	0	100	820	10	0	0	33
Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0	
All American BLT	Includes: Brioche Bread, Bacon, Lettuce, Tomato, Mayo		680	310	35	9	0	55	1740	64	2	12	27
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Add:													
Fried Egg (1)			90	60	6	2	0	205	75	1	0	0	7
Avocado			60	45	5	1	0	0	0	2	2	0	<1
Bacon (2)			130	90	9	3	0	30	450	0	0	0	9

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Pick 2 Combos				Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
1/2 Wildfire Chicken Salad (No Dressing)	Choice of Style of Chicken:	Slow Roasted Chicken		230	80	9	3	0	30	560	24	3	6	12
		Fried Chicken		410	180	20	7	0	50	760	40	5	5	18
		Wildfire Ranch Dressing		80	60	6	1	0	5	200	6	0	4	0
1/2 Chicken Cobb Salad (No Dressing)	Style of Chicken:	Slow Roasted Chicken		220	120	13	6	0	105	750	7	2	2	18
		Blue Cheese Dressing		190	180	20	3.5	0	20	310	2	0	2	1
1/2 Cranberry Pecan Chicken Salad (No Dressing)	Choice of Style of Chicken:	Slow Roasted Chicken		290	150	17	6	0	45	760	20	3	13	16
		Colonial Dressing		150	120	14	2	0	0	130	8	0	8	0
Farmhouse Garden Side Salad (No Dressing)				110	40	4.5	2	0	10	180	13	5	3	6
1/2 Slow Roasted Pot Roast Dip (With Beef Gravy)				580	340	38	15	2.5	80	1470	30	3	4	28
1/2 All American BLT				340	155	17.5	4.5	0	30	870	32	1	6	14
Cheddar Baked Potato (includes 2 Saltine Crackers)				210	110	12	6	0	35	900	16	<1	2	9
Chicken-N-Noodles (includes 2 Saltine Crackers)				120	50	5	1	0	30	560	13	<1	<1	7
Rancher BBQ Beef				Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Rancher BBQ Beef Dinner	Includes: Pot Roast, Cheddar Cheese, Bacon Pieces, Green Onions, Onion Rings, Crispy Baby Potatoes & Ranch Dressing			1080	590	70	22	1.5	150	2220	63	4	8	50
Rancher BBQ Beef Burger	Includes: Angus Beef Patty, Pot Roast, American Cheese, Deli Pickles, Onion Rings, BBQ Sauce, Ranch Dressing, Brioche Bun			1070	610	67	24	25.0	160	2120	70	3	13	48
Rancher BBQ Beef Macaroni and Cheese	Includes: Mac. And Cheese, Pot Roast, Bacon Pieces, Cheddar Cheese, Wildfire Sauce, Ranch Dressing, Onion Rings & Green Onions			1240	700	78	28	1	150	3200	85	6	15	52

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Steak and Eggs		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Sirloin Steak & Farm-Fresh Eggs Includes: Sirloin Steak Choice of Farm Fresh Eggs (2): Served with Choice of Side: Served with Choice of Bread:	Includes: Sirloin Steak	390	185	20	9	0	102	850	3	0	0	44	
	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Hashbrowns	250	120	13	2.5	0	0	370	29	4	0	2	
		Homefries	130	45	4.5	1	0	0	190	20	3	0	3
		Fresh-Cut Fruit	90	0	0	0	0	0	15	22	2	19	1
	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7	
		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4
Country Fried Steak & Farm-Fresh Eggs		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Country Fried Steak & Farm-Fresh Eggs Includes: Country Fried Steak and Country Gravy Choice of Farm Fresh Eggs (2): Served with Choice of Side: Served with Choice of Bread:	Includes: Country Fried Steak and Country Gravy	540	300	33	10	0	55	929	38	4	<1	20	
	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Hashbrowns	250	120	13	2.5	0	0	370	29	4	0	2	
		Homefries	130	45	4.5	1	0	0	190	20	3	0	3
		Fresh-Cut Fruit	90	0	0	0	0	0	15	22	2	19	1
	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7	
		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4
Farmhouse Sides		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
French Fries		330	130	14	2.5	0	0	480	47	4	0	0	
Hashbrowns		250	120	13	2.5	0	0	370	29	4	0	2	
Homefries		130	45	4.5	1	0	0	190	20	3	0	3	
Bob Evans Signature Coleslaw		200	130	14	2	0	10	250	19	2	17	<1	
Bread & Celery Dressing		410	110	22	5	0	20	1570	46	3	4	7	
Broccoli (Buttered)		110	90	10	3	0	10	110	5	0	0	3	
Carrots		90	40	4.5	1.5	0	5	115	13	3	10	<1	
Corn (Buttered)		170	90	10	30	0	10	90	20	2	2	3	
Green Beans with Ham		30	15	1.5	0	0	<5	460	4	2	0	2	
Macaroni & Cheese		250	110	12	5	0	25	910	25	2	4	11	
Mashed Potatoes & Chicken Gravy		220	130	14	7	0	35	910	20	2	2	3	

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Premium Sides		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Rancher Potatoes	Baby Potatoes, Bacon Pieces, Cheddar Cheese, Green Onions and Ranch Dressing	490	280	36	10	0	45	1030	27	0	<1	15	
Onion Rings (5)		560	270	30	5	0	0	1080	63	4	7	8	
French Fries	French Fries, Bacon Pieces, Cheddar Chees, Green Onions & Sour Cream	510	410	47	25	0	125	630	7	<1	6	16	
Mashed Potatoes	Mashed Potatoes, Bacon Pieces, Cheddar Chees, Green Onions & Sour Cream	310	210	23	13	0	60	700	18	2	3	8	
Farmhouse Kitchen Chicken		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Honey Butter Chicken & Biscuit Dinner	Includes: Two Fried Chicken Breasts, Biscuit, Honey, Whipped Butter Blend	930	190	48	16	0	220	2460	57	<1	13	70	
Hand-Breaded Fried Chicken Breasts	Includes: Two Fried Chicken Breasts	580	240	27	6	0	205	1650	19	0	0	66	
Grilled to Perfection Chicken	Includes: Two Grilled Chicken Breasts	340	60	5	1.5	0	190	12+90	3	0	2	69	
Homestyle Fried Chicken Tenders	Includes: Three Fried Chicken Strips	640	320	36	13	0	105	1260	46	3	0	34	
	Choice of Sauce:	Bob Evans Wildfire	50	0	0	0	0	0	220	13	0	5	0
		Honey Mustard	120	100	11	1.5	0	10	150	5	0	5	0
		Ranch	100	90	10	2	0	10	210	<1	0	<1	0
		Black Pepper Maple Honey	110	0	0	0	0	0	15	27	0	24	0
Southwest Avocado Chicken Dinner	Includes: Grilled Chicken Breast, Corn/bean Relish, Avocado, Lime Cream Sauce, Tomatoes, Tortilla Strips	790	430	47	8	0	195	1690	22	5	6	72	
Comfort Food Classics		Served											
with: Choice of Bread. <i>Not Included In the Nutrition Calculations Below</i>		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Country Fried Steak Platter	Includes: 2 Country Fried Steaks, Green Beans and Mashed Potatoes and Country Gravy	1570	740	82	29	2	135	3590	111	11	3	47	
Fork-Tender Pot Roast	Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions	840	470	53	20	1.5	130	2230	62	11	25	33	
Chicken-N-Noodles Deep-Dish	Includes: Chicken and Noodles, Mashed Potatoes, Biscuit, Gravy	540	280	31	15	2	50	2090	55	3	4	12	
Slow Roasted Turkey & Dressing	Includes: Slow Roasted Turkey, Bread & Celery Dressing, Gravy, Mashed Potatoes, Carrots, Cranberry Relish	820	400	45	15	0	115	2800	84	6	25	36	
Honey Butter Chicken & Biscuit Dinner	Includes: Two Fried Chicken Breasts, Biscuit, Honey, Whipped Butter Blend	930	190	48	16	0	220	2460	57	<1	13	70	

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Sizzling Steak and Seafood		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sirloin Steak	Includes: USDA Choice Sirloin, Grilled Onions and Mushrooms	660	400	45	12	0	100	920	10	3	6	47
	Add Shrimp	310	140	15	2	0	55	1110	35	2	8	9
Great Alaskan Cod	Includes: Alaskan Cod Fillet, Tartar Sauce	640	360	39	7	0	110	1050	39	4	2	32
Fried Shrimp	Includes: Shrimp (8), Cocktail Sauce	350	25	2.5	0	0	110	1890	65	3	8	18
Lemon Pepper Sole Fillets	Includes: Sole Fillets (2)	380	160	18	2	0	100	680	25	0	2	28
Make Any Dinner 3 Courses		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Pick One:	Cheddar Baked Potato (includes 2 Crackers)	210	110	12	6	0	35	900	16	<1	2	9
	Chicken-N-Noodles (includes 2 Crackers)	120	50	5	1	0	30	560	13	<1	<1	7
	Farmhouse Garden Side Salad (No Dressing)	110	40	4.5	2	0	10	180	13	5	3	6
Pick One:	Sundae	400	210	22	11	0	55	170	50	<1	40	5
	Holy Cow Chocolate Cake	610	250	29	14	0	50	610	86	<1	67	8
	Apple Pie, Slice	600	250	28	12	0	0	250	82	3	45	4
	Chocolate Chunk Cookie	520	220	24	12	0	20	380	72	4	36	4
	Peanut Butter Pie, Slice	640	380	42	24	0	25	400	69	4	53	8
	Pecan Pie, Slice	660	230	25	10	0	125	460	110	4	39	7
	Pumpkin Pie, Slice	510	220	24	10	0	85	480	73	2	51	7
	Triple Berry Pie, Slice	500	230	25	11	0	0	390	66	4	33	4
Dinner Bell Plates		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<i>Served with: Choice of Bread. Not Included In the Nutrition Calculations Below</i>												
Down-Home Country Fried Steak	Includes: Farmhouse Style Steak, Country Gravy, Mashed Potatoes, Green Beans	800	430	47	18	1	85	2420	68	7	3	26
Smaller Portion Turkey & Dressing	Includes: Slow Roasted Turkey Breast, Mashed Potatoes & Chicken Gravy, Cranberry Relish, Bread & Celery Dressing	700	340	38	14	0	85	2400	68	3	13	23
Mushroom and Onion Chopped Steak	Includes: Beef Patty, Mashed Potatoes with Chicken Gravy, Broccoli, Mushrooms, Carmelized Onions and Green Onions	820	550	62	21	2	125	1560	39	4	8	31
Grilled Chicken Breast	Includes: Grilled Chicken, Mashed Potatoes and Chicken Gravy, Broccoli	500	240	26	11	0	140	1670	26	2	3	41
Hickory-Smoked Ham Steaks	Includes: Ham, Mashed Potatoes and Chicken Gravy, Green Beans	430	170	17	9	0	105	4140	30	3	7	40
Hand-Breaded Chicken Breast	Includes: Fried Chicken Breast, Mashed Potatoes and Chicken Gravy, Corn	660	320	36	13	0	140	1730	51	4	5	36
Lemon Pepper Sole Fillet	Includes: Lemon Pepper Sole Fillet, Home Fries, Broccoli	430	210	23	5	0	65	640	38	3	1	20
Freshly Baked Breads		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Biscuits (2) with Whipped Butter Blend		510	280	31	16	1	15	1520	53	1	3	7
Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4
Dinner Rolls (2) (After 11 AM) with Whipped Butter Blend		370	150	17	5	0	25	470	50	2	8	7

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary